



Welcome to Meat the Vegans,
an online reality show featuring a new vegan dish for meat-eaters to
try in each episode. Is it tasty or terrible? Yummy or crummy?
Let your tongue take the test!

Meat The Host:



Jaharri is a native New Yorker who has performed in many theatre productions throughout metropolitan Washington and is a graduate of the National Conservatory of Dramatic Arts.

Meat The Sponsors:



Eden Good, a vegan cooking show, was conceived in 2006 with the commitment to enhance the awareness of good nutrition and healthy lifestyle choices through vegan cuisine. The show is available on cable television public access stations in a growing number of markets throughout the U.S. Eden Good also caters vegan dishes and offers a line of divinely delicious cookies and baked goods. Learn more about Eden Good at www.edengood.org.



The Spoken Word is an arts organization that uses the arts and culture to address issues in the community. The group started as a performance poetry ensemble and has since grown to sponsor other programs including **Adult Double Dutch** and **Lens & Pens**, a creative expression project for patients at Saint Elizabeths Hospital. Visit The Spoken Word online at www.TheSpokenWordOnline.org.

Meat the Contacts:

Joy Jones - joyjones100@cs.com or
202-832-2368

Bonita Bolden - bonitabolden@aol.com

Meat the Vegans - Let your tongue take the test!